Our Rising Stars program offers a developmental lesson that focuses on the fundamentals for aspiring figure skaters.

For developing figure skaters, certain skating skills are an integral part in improving. This class will focus on:

1. Progressive Stroking Patterns
2. Power Crossovers
3. Edges
4. Basic Rotation Exercises
5. Extension Skating
6. Arm and Body Positioning
7. Basic Spin Technique
8. Intro to the USFSA Pre-Prelim moves test

This class is for skaters of any age that have passed Basic 5 Badge or are currently taking private lessons.

For any questions, please contact our skating directors at 978-684-7203