Phillips Academy Skating School Presents

Rising Stars Program… Part 1

Saturday Mornings

12:10 pm – 1:10 pm

November 16th –
January 25th
(No class on 12/28)

$200 for 10 weeks

**Includes 30 minutes of basic skills lesson plus 30 minutes of an additional lesson.*

Register Online at
www.andover.edu/ice

Our Rising Stars program offers a developmental lesson that focuses on the fundamentals for aspiring figure skaters.

For developing figure skaters, certain skating skills are an integral part in improving. This class will focus on:

1. Progressive Stroking Patterns
2. Power Crossovers
3. Edges
4. Basic Rotation Exercises
5. Extension Skating
6. Arm and Body Positioning
7. Basic Spin Technique
8. Intro to the USFSA Pre-Prelim moves test

This class is for skaters of any age that have passed Basic 5 Badge or are currently taking private lessons.

For any questions, please contact our skating directors at 978-684-7203

Phillips Academy Ice Rinks
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